

◆ Section G ◆

**California Healthy Kids Survey**  
*Santa Clara County Public Health*  
*Middle School Module G*

---

*This section has questions about health-related behaviors and attitudes. Although some of the questions in this section may be similar to questions asked in the previous section, they are different.*

**The first few questions deal with the use of alcohol and other drugs and about behavior relating to safety. Please answer all questions. Even if you have never tried alcohol or drugs, you will be able to answer that you never used.**

G1. How old were you when you had your first drink of alcohol other than a few sips?

- |   |                          |
|---|--------------------------|
| A) I never had a drink of alcohol other than a few sips | E) 11 years old          |
| B) 8 years old or younger                               | F) 12 years old          |
| C) 9 years old  | G) 13 years old          |
| D) 10 years old   | H) 14 years old or older |

G2. How old were you when you tried marijuana for the first time?

- |                                 |                          |
|---------------------------------|--------------------------|
| A) I have never tried marijuana | E) 11 years old          |
| B) 8 years old or younger       | F) 12 years old          |
| C) 9 years old                  | G) 13 years old          |
| D) 10 years old                 | H) 14 years old or older |

## ◆ Section G ◆

*During your **life**, how many times have you used or tried...*

	0 times	1 time	2 or 3 times	4 or more times
G3. cocaine? (any form – coke, crack, rock, base, snort)	A	B	C	D
G4. Used steroid pills or shots without a doctor's orders?	A	B	C	D
G5. Used a needle to inject an <b>illegal</b> drug into your body?	A	B	C	D

*During the **past 12 months**, how many times have you...*

	0 times	1 time	2 or 3 times	4 or more
G6. Been in a physical fight?	A	B	C	D
G7. Been in a physical fight in which you were injured and had to be treated by a doctor or nurse?	A	B	C	D

*During the **past 30 days**, on how many days did you carry...*

	0 days	1 day	2 or more days
G8. A gun?	A	B	C
G9. A weapon such as a gun, knife, or club <b>on school property</b> ?	A	B	C

G10. During the past **30 days**, how many times did you **ride** in a car or other vehicle **driven by someone who had been drinking alcohol**?

- A) Never (0 times)
- B) 1 time
- C) 2 or 3 times
- D) 4 or 5 times
- E) 6 or more times

◆ **Section G** ◆

G11. If you bought cigarettes in a store during the past **30 days**, were you ever asked to show proof of your age?

- A) I never bought cigarettes
- B) No
- C) Yes

**The following questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own life.**

G12. During the past **12 months**, did you ever **seriously** consider attempting suicide?

- A) No
- B) Yes

G13. During the past **12 months**, did you make a **plan** about how you would attempt suicide?

- A) No
- B) Yes

G14. During the past **12 months**, how many times did you actually attempt suicide?

- A) 0 times
- B) 1 time
- C) 2 or 3 times
- D) 4 or more times

◆ Section G ◆

**Next are questions about diet and general health.**

G15. Which of the following are you trying to do about your weight?

- A) Lose weight
- B) Gain weight
- C) Stay the same weight
- D) I am not trying to do anything about my weight

*During the past 30 days, did you do any of the following things to lose weight or to keep from gaining weight?*

	No	Yes
G16. Exercise	A	B
G17. Eat less food, fewer calories, or foods low in fat	A	B
G18. Take any diet pills, powders, or liquids without a doctor's advice (Do not include meal replacement products, such as Slim Fast.)	A	B
G19. Vomit or take laxatives	A	B

G20. How do **you** describe your weight?

- A) Very underweight
- B) Slightly underweight
- C) About the right weight
- D) Slightly overweight
- E) Very overweight

G21. In the past **12 months**, when you are **not exercising** have you ever had wheezing (a whistling sound in the chest), chest tightness, or trouble breathing?

- A) No
- B) Yes

G22. In the past **12 months**, when you do exercise, have you ever had wheezing (a whistling sound in the chest), chest tightness, or trouble breathing?

- A) No
- B) Yes

◆ Section G ◆

G23. In the past **12 months**, have you ever had a dry cough at night, even when you did not have a cold or flu?

- A) No
- B) Yes

G24. In the past **12 months**, have you been to a doctor or hospital for wheezing or trouble breathing?

- A) No
- B) Yes

G25. On an average school day, how many hours do you watch TV or play video games?

- |   |                    |
|---|--------------------|
| A) I do not watch TV or play video games on an average school day | D) 2 hours         |
| B) Less than 1 hour   | E) 3 hours         |
| C) 1 hour   | F) 4 hours         |
|   | G) 5 hours or more |

G26. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

- |           |           |
|-----------|-----------|
| A) 0 days | D) 3 days |
| B) 1 day  | E) 4 days |
| C) 2 days | F) 5 days |

G27. During an average physical education (PE) class, how many minutes do you spend actually exercising or playing sports?

- |                         |                         |
|-------------------------|-------------------------|
| A) I do not take PE     | E) 31 to 40 minutes     |
| B) Less than 10 minutes | F) 41 to 50 minutes     |
| C) 10 to 20 minutes     | G) 51 to 60 minutes     |
| D) 21 to 30 minutes     | H) More than 60 minutes |

## ◆ Section G ◆

G28. During the past **12 months**, did you have a regular check up with a doctor when you were **not** sick or injured?

- A) No
- B) Yes

G29. During the past **12 months**, did you visit a dentist for an examination, teeth cleaning or dental work?

- A) No
- B) Yes

G30. How often do you wear a seat belt when **riding in** a car driven by someone else?

- A) Never
- B) Rarely
- C) Sometimes
- D) Most of the time
- E) Always

G31. When you rode a bicycle during the **past 12 months**, how often did you wear a helmet?

- A) I did not ride a bicycle during the past 12 months
- B) Never wore a helmet
- C) Rarely wore a helmet
- D) Sometimes wore a helmet
- E) Most of the time wore a helmet
- F) Always wore a helmet

**These questions deal with sexual behavior. Please answer all questions whether or not you have ever had sexual intercourse. For each question you will be able to answer you never had sexual intercourse.**

◆ Section G ◆

G32. Have you **ever** had sexual intercourse?

- A) No
- B) Yes

G33. How old were you when you had sexual intercourse for the first time?

- |  |                          |
|--|--------------------------|
| A) I have never had sexual intercourse | E) 11 years old          |
| B) 8 years old or younger              | F) 12 years old          |
| C) 9 years old                         | G) 13 years old          |
| D) 10 years old                        | H) 14 years old or older |

G34. The **last time** you had sexual intercourse, did you or your partner use a condom?

- A) I have never had sexual intercourse
- B) No
- C) Yes

G35. Have you **ever** been forced to have sexual intercourse when you did not want to?

- A) No
- B) Yes

G36. How likely do you think it is that you will choose to have sexual intercourse one or more times in the next year?

- A) I am sure it will not happen
- B) It probably will not happen
- C) There is an even chance (50-50) that it will or won't happen
- D) It probably will happen
- E) It will happen for sure

◆ Section G ◆

**The next question asks you about AIDS and HIV prevention.**

G37. Have you ever been taught about AIDS or HIV infection in school?

- A) No
- B) Yes
- C) Not sure

**STOP!**

**PLEASE READ FIRST-**

*If you have already answered Section D questions today and Section D on your answer sheet is filled in, you are done with the survey. Please turn in your answer sheet.*

*If you have not completed Section D, please answer questions 38-42 below.*

**The following questions are about tobacco use, attitudes, and your experiences with tobacco education at school.**

G38. During the past **30 days**, on how many days did you smoke cigars, cigarillos, or little cigars?

- A) 0 days
- B) 1 to 2 days
- C) 3 to 5 days
- D) 6 to 9 days
- E) 10 to 19 days
- F) 20 to 30 days

G39. Have you **ever** smoked cigarettes daily, that is, at least one cigarette every day for **30 days**?

- A) No
- B) Yes

## ◆ Section G ◆

G40. During the past **30 days**, on the days you smoked, how many cigarettes did you smoke **per day**?

- A) I did not smoke cigarettes during the past 30 days
- B) Less than 1 cigarette per day
- C) 1 cigarette per day
- D) 2 to 5 cigarettes per day
- E) 6 to 10 cigarettes per day
- F) 11 to 20 cigarettes per day
- G) More than 20 cigarettes per day

G41. During the **past 12 months**, did you ever try to quit smoking cigarettes?

- A) I did not smoke during the past 12 months
- B) Yes
- C) No

G42. If you smoke cigarettes during the past **30 days**, how did you **usually** get them?  
(Select only one response.)

- A) I did not smoke cigarettes in the past 30 days
- B) I bought them in a store such as a convenience store, supermarket, or gas station
- C) I bought them from a vending machine
- D) I gave someone else money to buy them for me
- E) I borrowed them from someone else
- F) I stole them
- G) A friend gave them to me
- H) Other people gave them to me
- I) I got them some other way